

## Rainier to Ruston Rail-Trail Relay and Ultra

### Course Records

NOTE: Because the course changes every year, it is not strictly appropriate to compare performance year to year.

Event	Category	Division	2003	2004	2005	2006	2007
50K ultra	men	open					4:38 Bozeman Distance Bozeman, MT David Steinbacher
50K ultra	women	open					4:55 Team Two-Foot, Seattle, WA Kathleen Egan
50M ultra	men	masters				10:16 Special Forces (Military) Alberto Gullaba	-
50M ultra	men	open			7:41 Flying Dutchman Matt DeBoer	6:19 Phil Kochik	-
50M ultra	women	open				8:07 Andrea Warburton	-
Running team	2-position	masters					9:39 Dottie's Dashing Duo (Kaupulchu Racing Team) Tacoma, WA Mark Cooksley Don Ryan
Running team	2-position	open					7:28 Flip Cup, Federal Way, WA Nathan Breyer Joyce Mininger
Running team	3-position	open				6:17 Tenacious Turtles Rob Willis Steve Johnson Roger Willis	-
Running team	4-position	masters					5:53 Trail Masters (Fleet Feet Sports) Bonney Lake, WA Mickey Allen Zack Wills Tim Oguri Daryl Montgomery
Running team	4-position	open			5:34 Fleet Feet Sports in Bonney Lake Dennis Eldridge Pat Kenworthy Markus Dennis Kevin Alfano	-	-
Running team	6-position	high school					5:47 D-Crew (Emerald Ridge H.S.) Puyallup, WA Jean-Paul Strozewski Austin Gretchell Kevin Fleischman Kevin Thomson Jordan Mirk Nate Loveland

**Rainier to Ruston Rail-Trail Relay and Ultra**

**Course Records**

Event	Category	Division	2003	2004	2005	2006	2007
Running team	6-position	masters				5:16 Team #6 (Fleet Feet Sports) Bonney Lake, WA Mike Staehler Paul Morrison Bruce Robie Rich Nelly Scott Drennen Kevin McGinnis	-
Running team	6-position	military					7:30 Bigfoot (WA Air Nat'l Guard) Tacoma, WA Matt Cannady Dan Williams Catherine Graham Mark Schaaf Andrew Madderson George Saratsis
Running team	6-position	open	7:11 Team Rainier & Team Tahoma running in pairs (12/14 legs): Ben Lewing & Larry Sage Theresa Selby & Jenny Browne Pat Roberts & Scott Stluka John Selby & Ray Dezutter Evaet Scheier & John Clemmons Kristy Andrews & Jenny Neorr walking together (2/14 legs): Anne Lindsay, Barb York, Dottie Selby, Joan Stluka, Phyllis VanWinkle, Jan Barclay, Joanne Winegar, Margaret Wuersten, Mary Cogger, Sylvia Hagman, Eric Wuersten, & Craig Cogger	6:56 Team Theresa runners (12/13 legs): Eryn Boyles Jennie Browne Jeremy Engdahl-Johnson Sam Clarke Theresa Selby Kaitlyn VanSant walkers (1/13 legs): Dottie Selby & Sylvia Hagman	5:54 Team Seabolt Silke Looser Anthony Seabolt Robert Seabolt John Becker Shawn Anderson Scott Gaines	5:16 Team #6 (Fleet Feet Sports) Bonney Lake, WA Mike Staehler Paul Morrison Bruce Robie Rich Nelly Scott Drennen Kevin McGinnis	-
Running team	6-position	super masters					8:38 Ageless Warthogs (Foothills Trail Coalition), Puyallup, WA Jeff Selby John Selby Ed Davis Rick Ranta Larry Erickson Norma Cooper
Solo walker	men	open			6:12 Walter Thurman	-	-
Solo walker	men	super masters					7:57 Bob Myrick, Tacoma, WA  (Larry Hulbert, Puyallup, WA, walked the full distance in 7:51 as a member of the Trail Walkers, a 6-position walking team.)
Solo walker	women	masters					8:13 Enid Larson, Auburn, WA

**Rainier to Ruston Rail-Trail Relay and Ultra**

**Course Records**

Event	Category	Division	2003	2004	2005	2006	2007
Solo walker	women	open			5:53 Bio 250 Kirsten Sanford	-	-
Solo walker	women	super masters					7:57 Jan Wieser, Auburn, WA
Walking team	2-position	open			6:06 The Vet's Pets Kathy Pruitt, Kathy Price Jerry Brown, Vicki McGee	5:55 Olympic Sports and Spine Rehab Anne Marie Williams Kirsten Sanford	-
Walking team	3-position	open			6:48 Fatheads I Naomi Patton Alla Kammers, Christy Cael Shandela Hinkle	6:09 Two Nuts and a Junkie Diana Aaby Liz Hendrickson Terry Huizenga	-
Walking team	6-position	masters				6:10 Mountain Mamas Nadine Rushfeldt Bonnie Westmark Phyllis Mansfield Pat Kulpa Lisa Lawrence Peggy Mehrkeys	-
Walking team	6-position	open			6:16 Flora & Fauna Sandie Olson Rose Stevens Jill Anderson Dick O'Bannon JoAnn Brauen, Liz O'Bannon Kay Wetzal, Gayle Hammmermaster	6:10 Mountain Mamas Nadine Rushfeldt Bonnie Westmark Phyllis Mansfield Pat Kulpa Lisa Lawrence Peggy Mehrkeys	-