

Rainier to Ruston Rail-Trail Relay and Ultra

Marathon, Relay and 50M Ultra Legs		Split	Paved Road	Sidewalk	Paved Trail	Unpaved Trail	Distances from Starts
#	Description	miles	miles	miles	miles	miles	miles
1	Rainier to Manley Moore	4.8	4.8				0.0
2	Fairfax to Carbonado (isolated)	6.3	0.6			5.7	4.8
3	Carbonado to Wilkeson (isolated)	3.9			0.5	3.4	11.1
4	Wilkeson to So. Prairie (isolated)	5.4	0.8		0.8	3.8	15.0
5	So. Prairie to Crocker	4.6			4.6		20.4
6	Crocker to Orting	2.7			2.7		25.0
7	Orting to McMillin	3.4			3.4		27.7
8	McMillin to Meeker	3.5			3.5		31.1
9	Meeker to Puyallup	3.7	0.8	0.6	2.3		34.6
10	Puyallup to Fife	3.2		0.1		3.1	38.3
11	Fife to Tacoma	5.2	0.5	3.7		1.0	41.5
12	Tacoma to Ruston Way	4.1		1.4	2.7		46.7
	Finish						50.8

Legs	Course		Paved Road	Sidewalk	Paved Trail	Unpaved Trail	Totals
1	Marathon	miles	6.2	0.0	8.6	12.9	27.7
through		%	22%	0%	31%	47%	100%
6		%	22%		78%		100%
1	Relay and 50M Ultra	miles	7.5	5.8	20.5	17.0	50.8
through		%	15%	11%	40%	34%	100%
12		%	26%		74%		100%